

Browlift

Post Operative Instructions

Wound Care

- Keep the surgical site clean and dry. You may wash your face and hair like normal, pat dry afterwards.
- Apply prescribed ointment (e.g., antibiotic ointment) to the incisions as directed.
- **DO NOT SMOKE**
- Apply cold compresses or ice packs to the area around your eyes to reduce swelling and bruising for the first 48 hours. This should be done about 5-10 minutes on/off.
- While resting or sleeping, keep your head elevated using pillows to help minimize swelling.
- Avoid strenuous activities such as heavy lifting, bending, or vigorous exercise for at least 2-3 weeks.
- You may take Arnica (pill) to help with bruising or apply Arnica gel.

Medications

- Take prescribed medications as directed. This may include pain relievers or antibiotics to prevent infection. Pain medication can cause constipation, drink plenty of fluids and you may start a stool softener.

CALL THE OFFICE AT 601-987-6581 IF YOU HAVE:

- Excessive bleeding or drainage
- Severe pain or a sharp increase in swelling
- Difficulty seeing or vision changes
- Fever greater than 100.4 or signs of infection (redness, warmth, or discharge)