

# **Liposuction**

## **Post-Operative Instructions**

### **MEDICATION**

- Prescribed medication should be taken as directed
- Aspirin should NOT be taken for 7 to 10 days following procedure

### **ACTIVITY**

- Activities should be limited for the first 48 hours after the procedure
- You may drive if you are not taking oral narcotics
- The small entry points are closed with suture but will drain. THIS IS NORMAL. The drainage will mostly be fluid mixed with a small amount of blood, serum and diluted fat
- You may sleep however is comfortable for you
- You may shower after 48 hours. Shower with warm water (not steaming hot, as your skin may be numb). Numbness, swelling and bruising is normal
- Wear your compression garment 23 hours of the day, you may take it off to wash it or to shower
- NO SMOKING

### **CARE OF SURGICAL SITE**

- Keep absorbent pads in place as long as the drainage is present
- Compression garment should be worn for 4 weeks after the procedure

### **CALL YOUR DOCTOR IF YOU HAVE:**

- Pus-like or foul-smelling drainage
- Temperature greater than 100.4
- Excessive bleeding; collections of fluid or blood under the skin (seroma or hematoma)
- Increased pain at the surgical site
- Redness, warmth and excessive swelling of the surgical site

**If you have any questions or concerns, please call 601-987-6581**